



Nazareth College Emergency response to Anaphylactic reaction



In all situations

1. If safe to do so, lay the person flat; do not allow the patient to stand or walk.
2. If breathing is difficult, allow patient to sit
 - Be calm, reassuring
 - Do not leave them alone.
 - Seek assistance from another staff member or reliable student to locate the autoinjector or a general-use autoinjector and the student's Individual Anaphylaxis Management Plan
 - If the student appears to be experiencing a first-time reaction, continue with steps 2 – 6.
3. Administer prescribed adrenaline autoinjector – note the time given and retain used EpiPen to give ambulance paramedics.
4. Phone ambulance 000 (112 – mobile).
5. If there is no improvement or severe symptoms progress, further adrenaline doses may be given every five minutes (if another autoinjector is available).
6. Phone family/emergency contact.

If in doubt, give an autoinjector

If the student has not been previously diagnosed with an allergy or at risk of anaphylaxis but appears to be having a severe allergic reaction, follow Steps 2–6 above.

Approval authority	Director, Learning and Regional Services
Approval date	5 July 2023
Next review	March 2025